

# Results of the Rapidec® CARBA NP test in El Salvador

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## OPEN ACCESS

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The authors declare there are no conflicts of interest.

*Dear editor:*

Nowadays, there are commercially available rapid carbapenemase tests that can generate results in less than two hours. One of these tests is Rapidec® CARBA NP, based on the direct detection of carbapenemase hydrolysis by carbapenemase-producing bacteria. The agility in detecting these enzymes is relevant in our country, as described in the article by Villatoro *et al.* in Alerta in 2018. They reported that carbapenemase-producing bacteria were isolated in 26 of 31 hospitals in El Salvador from 2014 to 2016<sup>1</sup>.

This test analyzed the presence of carbapenemases in 122 isolated samples belonging to the *Enterobacteriaceae* family, as well as in non-fermenting bacilli, with decreased susceptibility or resistance profiles to any of the following carbapenemics: ertapenem, imipenem or meropenem. These were analyzed from five hospitals in the public health network of El Salvador between March 2020 and August 2021.

The isolated samples were obtained from both sterile and non-sterile samples (blood, urine, feces, and purulent secretions, in addition to others). Reading and interpretation of the rapid test was conducted in laboratories where it was performed following the instructions of the manufacturer. Subsequently, they were delivered

to the National Public Health Laboratory (LNSP) for confirmation.

A total of 115 isolated samples were included in the analysis since seven of those received at the LNSP were not viable. The isolated bacteria were: *Acinetobacter baumannii* (58/50.4 %), *Klebsiella pneumoniae* (21/18.3 %), *Escherichia coli* (18/15.7 %), *Pseudomonas aeruginosa* (10/8.7 %), *Enterobacter cloacae* (7/6 %) and *Proteus mirabilis* (1/0.9 %). The above is in agreement with that reported by Villatoro *et al.* in 2018: from 2014 to 2016, *A. baumannii* was the most frequently identified carbapenemase-producing bacterium in El Salvador (85 %)<sup>1</sup>.

Of the 115 isolated samples tested, 104 were classified as carbapenemase-positive and 11 as carbapenemase-negative using the LNSP carbapenemase detection algorithm: ethylenediamine tetraacetic acid, phenylboronic acid, Triton Hodge test, and the modified carbapenemase inactivation method. Of the 104 positive carbapenemases, 49 were categorized as metallo-beta-lactamase producing (MBL) and 55 as oxacillinase (OXA) producing. *Klebsiella pneumoniae* carbapenemase-producing isolates (KPC) were not detected. The detection of carbapenemases per isolated microorganism was distributed as follows: *Acinetobacter baumannii* (three MBL and 55 OXA), *Klebsiella pneumoniae* (18 MBL), *Escherichia coli* (17 MBL), *Pseu-*

*domonas aeruginosa* (six MBL) and *Enterobacter cloacae* (five MBL).

Some countries such as México, Panamá, Puerto Rico y Cuba, así como Costa Rica, República Dominicana, Trinidad & Tobago, Colombia, Venezuela, Perú, Ecuador, Brasil, Paraguay, Uruguay, Argentina y Chile<sup>2,3</sup> have identified variants of KPC, New Delhi metallo-beta-lactamase (NDM), Verona integron-encoded metallo-beta-lactamase (VIM) and imipenemase metallo-beta-lactamase (IMP), in *Enterobacteriaceae*, *K. pneumoniae*, *P. aeruginosa* and *A. baumannii*.

The most frequently detected carbapenemase-producing bacteria were: *Acinetobacter baumannii*, *Klebsiella pneumoniae*, *Escherichia coli*, *Pseudomonas aeruginosa*, and *Enterobacter cloacae*. This data is similar to those reported by other studies carried out in Latin America. They are as follows: *A. baumannii*, *K. pneumoniae*, *E. coli* and *E. cloacae* as KPC and NDM producing, *P. aeruginosa* as a producer of KPC, VIM and IMP, as well as *A. baumannii* producers of VIM and IMP<sup>3</sup>.

Rapidec® CARBA NP test showed a positive predictive value of 99 %. This value is consistent with that reported in other kinds of studies (92.6-100 %)<sup>4,5</sup>. The LNSP did not confirm the presence of carbapenemases in 11 of the 115 isolated samples. Of these isolated samples, ten were tested with the Rapidec® CARBA NP test and the LNSP's carbapenemase detection algorithm, and one with the algorithm alone. Of the bacteria where the presence of carbapenemases was not confirmed, four were *P. aeruginosa* with resistance to carbapenems due to membrane impermeability plus efflux pumps, as well as three *K. pneumoniae*, two *E. cloacae* and one *E. coli*, producers of extended-spectrum beta-lactamase (ESBL) and one *P. mirabilis* with no mechanism of bacterial resistance detected.

Several factors could have led to the 11 discordant results in local laboratories, which could be exogenous to the test itself: divergence in color interpretation among observers<sup>6</sup>, culture incubation time that may not have allowed for full enzyme expression<sup>7</sup>, the time interval between the reception of the clinical sample and the start of processing, the existence of hypermucoid colonies<sup>8</sup>, the presence of AmpC beta-lactamase<sup>9</sup>, insufficient bacterial inoculum and/or the presence of isolated samples with weak carbapenemase activity<sup>10</sup>.

Rapidec® CARBA NP is a rapid test used to confirm the presence of carbapenemases in *Enterobacteriaceae* and Gram-negative bacilli such as *A. baumannii* and *P. aeruginosa*. Rapidec® CARBA NP can be

used in clinical settings to support the choice of antibiotics and infection control committees in their antimicrobial optimization programs. It also contributes to the timely detection and management of healthcare-associated infections, which are fundamental in controlling the spread of antimicrobial resistance in hospitals.

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